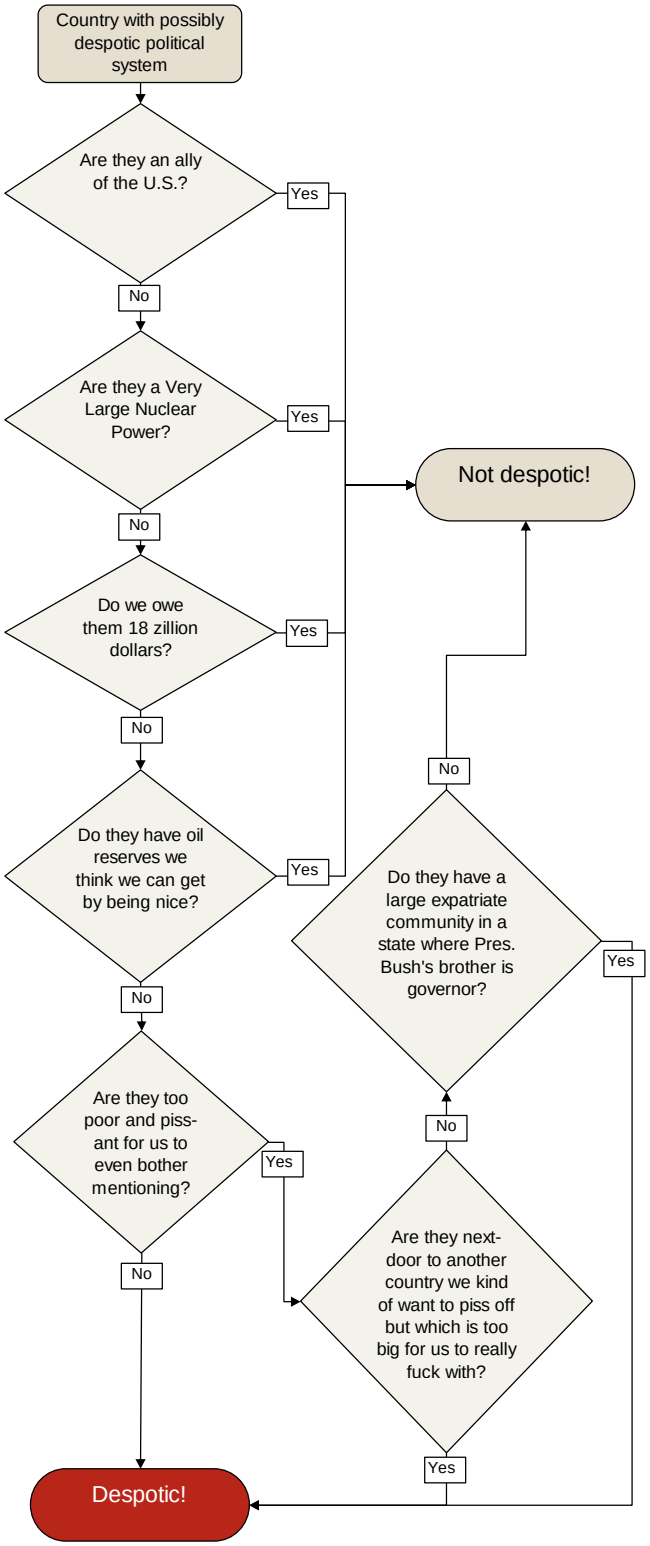How to determine if a country is really despotic